



Atharva Institute of Management Studies

Activity / Event Report

Name of Event/Title : Employability Enhancement Training (For Womens)

Organization : Atharva Institute of Management Studies

Date(s) of conduction : 11th & 18th Sept, 09th, 16th, & 30th oct

Class / Sem : MMS SEM III (Batch 2024 – 2026)

Number of Students Attended : 65

Faculty coordinator : Dr. Leena Jagawat

Student coordinator/committee : Ms. Anshu Chauhan, Ms. Rani Jadhav, Rrucha Rane,

Varsha Ingale, Sushmitha Sukka, Mr. Chinmay More,

Mr. Smit Pateliya, Mr. Rohit Vishwakarma

1. Overview

The *Employability Enhancement Training* program was a 20-hour intensive training session conducted exclusively for girl students with the objective of preparing them for corporate readiness. The session was facilitated by Ms. Amandeep Nanda, a seasoned Soft Skills Trainer with over 8 years of experience in personality development, employability skills, and HR training.

2. Objective

The Employability Enhancement Training program was designed to equip girl students with essential professional competencies required to excel in the corporate environment. The focus was on holistic personality development, communication, and workplace awareness to ensure participants are career-ready and confident in professional settings.

1. Enhance Employability Skills:

To develop the key soft skills and professional attributes that improve overall employability and workplace effectiveness.

2. Strengthen Communication Abilities:

To improve verbal and non-verbal communication skills for clearer, more confident, and impactful interactions.

3. Promote Workplace Awareness through POSH Training:

To educate students about workplace ethics, gender sensitivity, and the legal framework for ensuring a safe and respectful work environment.

4. Prepare for Interviews and Career Entry:

To train students in interview techniques, resume writing, and professional etiquette, enabling them to perform confidently during recruitment processes.

5. Build Corporate Readiness and Confidence:

To instill self-assurance, adaptability, and a professional mindset that aligns with corporate culture and expectations.

3. Session Highlights

The *Employability Enhancement Training* program, conducted by Ms. Amandeep Nanda, was an engaging and practical learning experience designed to help girl students build essential skills for corporate success. Over 20 hours of interactive sessions, participants were introduced to various aspects of professional development, from communication and soft skills to workplace ethics and interview readiness. The sessions combined theory with real-life applications, ensuring active participation and meaningful learning outcomes.

1. Soft Skills Development:

Interactive exercises focused on teamwork, time management, problem-solving, and adaptability essential traits for thriving in professional environments.

2. Communication Skills Training:

Students participated in role-plays, group discussions, and presentation activities to strengthen verbal and non-verbal communication.

3. POSH Awareness Session:

A dedicated segment on *Prevention of Sexual Harassment at Workplace (POSH)* educated participants about workplace safety, gender sensitivity, and professional ethics.

4. Interview Preparation and Resume Building:

Mock interviews, resume writing guidance, and feedback sessions helped students prepare effectively for recruitment processes.

5. Confidence and Personality Enhancement:

Activities and discussions were designed to boost self-confidence, develop a positive mindset, and enhance overall personality for corporate readiness.

4. Key Outcomes

- 1. **Enhanced Professional Readiness:** Students gained a deeper understanding of corporate expectations and workplace conduct.
- 2. **Improved Communication and Presentation Skills:** Participants became more articulate and confident in expressing ideas effectively.
- 3. **Increased Awareness of Workplace Ethics:** The POSH session instilled awareness of rights, responsibilities, and respectful professional conduct.
- 4. **Better Interview Preparedness:** Students learned to present themselves professionally during interviews with refined resumes and improved responses.
- 5. **Boosted Confidence and Self-Efficacy:** The program empowered participants to face real-world professional challenges with confidence and competence.

Flyer of the event



ATHARVA INSTITUTE OF MANAGEMENT STUDIES

Approved by AICTE, DTE Recognised, Affiliated to Mumbai University NAAC Accredited

EMPLOYABILITY ENHANCEMENT TRAINING

(Sponsored by Mahindra Group & Implemented by Centum Foundation)

Soft Skills Trainer

- 8+ yrs in personality development & employability skills.
- HR + Master's in Psychology.
- Practical, engaging sessions to build confidence & communication.

Detail Information:



11TH SEPT, 2025



START AT 11:00AM

Mini Seminar Hall, 4th Floor (Phase III)



MS. AMANDEEP NANDA

Geo tagged Photos

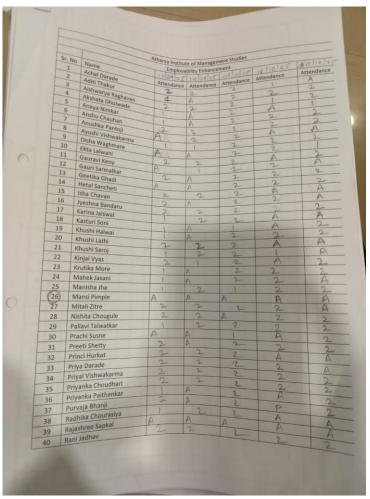


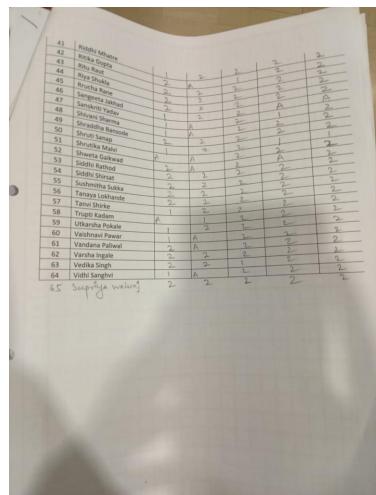






Attendance sheet

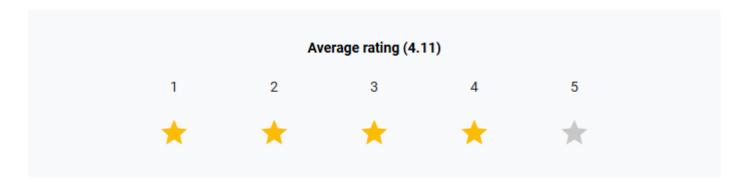


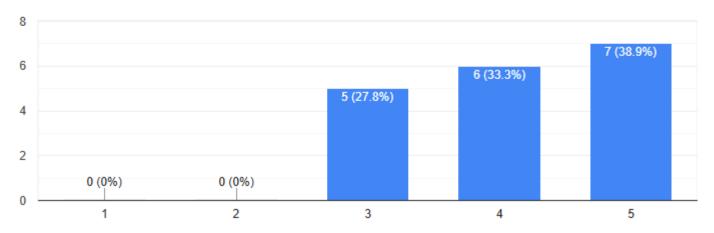


Feedback given by students

How would you rate the overall effectiveness of the training session?

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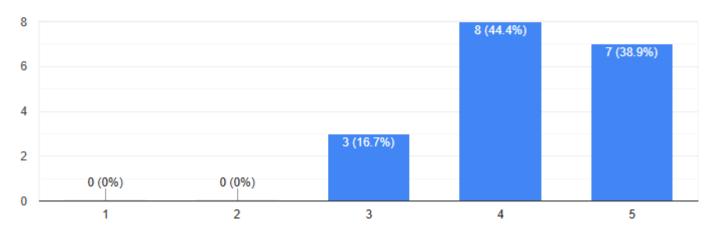




Did the session help improve your confidence and communication skills?

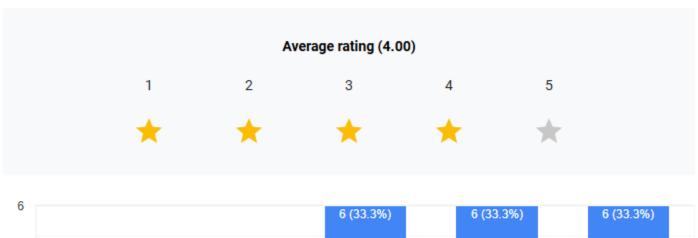


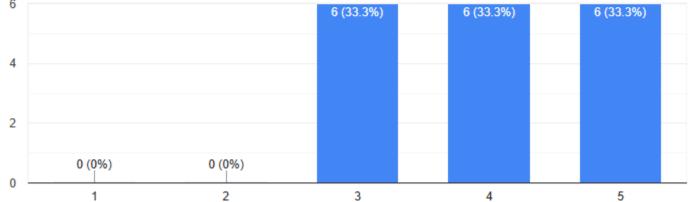




How useful were the activities and examples shared during the session?

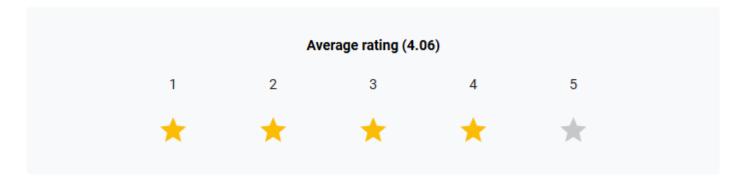
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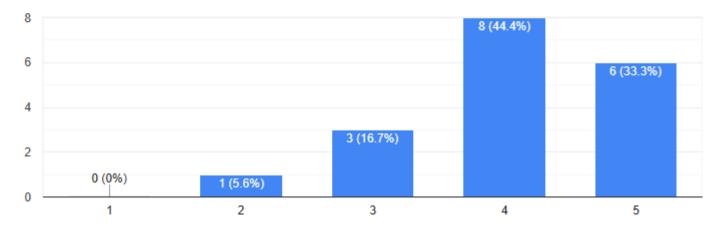




Was the trainer's delivery style engaging and easy to follow?

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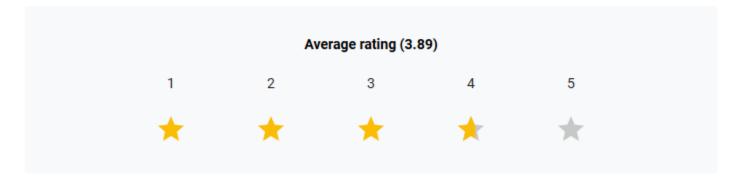


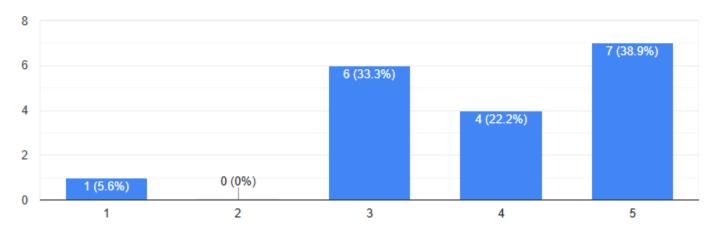


Did the session meet your expectations in terms of employability skill development?

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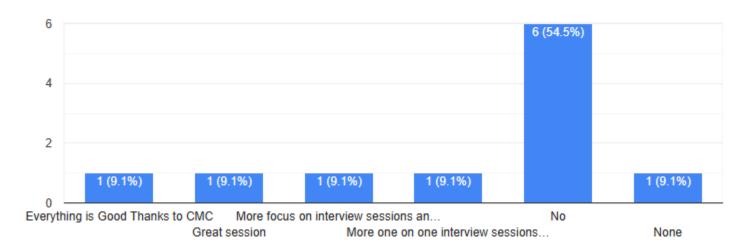
18 responses





Any suggestions to improve future training sessions?

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Event report prepared by: Ms. Anshu Chauhan & Ms. Rani Jadhav

Verified by: Dr. Leena Jagawat

Submitted to: Dr. D Henry Babu